November 1989

NYCC Bulletin

NOVEMBER·1989





GUIDELINES FOR CLUB RIDES

NYCC rides are friendly group rides by individuals of similar riding abilities. Our leaders are volunteers. In addition to setting the pace and choosing the route, they may require or recommend specific equipment (helmets, locks, etc.) in their ride descriptions. Unless otherwise stated, rain (snow, sleet) at the starting time cancels the ride. Many rides meet at the Boathouse on Central Park's East Drive, north of 72nd Street.

Please be sure that your bike is in good working condition. Bring a pump, spare tube(s), patch kit, tire irons, water, pocket food, and medical I.D. Optional items include a lock, maps, bike permits for the commuter rail systems, and additional tools. Helmets are strongly recommended. Headphones are not.

Club rides generally approximate the speeds and characteristics listed below. You can assess your abilities by riding, at a comfortable pace, four laps around Central Park. The northern end of the park can be dangerous; ride with other cyclists or runners. Be sure to measure the time it takes you to complete the four laps, and not your average speed. In selecting your first club ride, be conservative. Choose an easier ride, and call the leader if you have any questions.

Ride Class	Average Speed (not incl. stops)	Cruising Speed (on flat terrain)	Ride Description	Central Park Self-classification Times (4 laps = 24.5 miles)
AA	17+ mph	22+ mph	Vigorous riding, frequently	<1 hr. 10 min.
A+	16 - 17	20 -22	in pacelines. High regard	1:10 - 1:16
A	15 - 16	18.5 - 20	for good riding style.	1:16 - 1:23
A -	14 - 15	17 - 18.5	Stops every two hours or so.	1:23 - 1:30
B+	13 - 14	16 - 17	Moderate to brisk riding, with	1:30 - 1:38
В	12 - 13	15 - 16	more attention to scenery	1:38 - 1:48
B-	11 - 12	14 - 15	Stops every hour or two.	1:48 - 2:00
C+	10 - 11	13 - 14	Leisurely to moderate riding;	2:00 - 2:14
C	9-10	12 - 13	destination oriented. Stops	2:14 - 2:30
C-	8 - 9	11 - 12	every half hour or so.	> 2 hr. 30 min.

PRESIDENT

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V.P. RIDES

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The BULLETIN is published 12 times a year by the New York Cycle Club, P.O. Box 120877, Brooklyn, NY 11202-0018, 212/242-3900, Christy Guzzetta, president. Editorial and art contributions: copy/art must be received by the first Tuesday in the month prior to publication. All written material must be typed. Call editor for article guidelines and/or advance approval, and

for drawing specifications. Submission is contributor's warranty that material is in no way an infringement upon the rights of others and that the material may be published without additional approval. Enclose a SASE if you want your material returned. Classified ads and regular ads must also be submitted by the first Tuesday of the month prior to publication. Ad rates: Classified-

two classified ads per member per year are free (6 lines, 25 characters each, maximum); after that, \$1.00 per 25 character line. Other ads -\$200, full page; \$125, half page; \$60, quarter page; \$30, eighth page.

Publication of material is determined by available space, which varies with the length of ride listings, and we cannot guarantee that all submissions will be published. The BULLETIN is mailed free to all NYCC members. Price of membership is \$1.2 per year for individuals, \$15 for couples residing at the same address and receiving one copy of the BULLETIN. If you do not receive your BULLETIN, contact the circulation manager.

Production: Larry Hobson Cover: Tony Nappi

NEW PALTZ. Leader: Karl Dittebrandt (212-477-1387). From the Boathouse. Take it up to New Paltz, through West Sat. Nov. 4 Point, Storm King, to New Paltz, and back to Beacon for the train ride home. There will be some hills. First stop, 102 mi., A so bring some pocket food and your Metro-North pass. Rain cancels. 6:45 a.m. 120+ mi. LEADERLESS "A" RIDE. If you do not want to do a very long ride today, meet at the Boathouse for a leaderless ride. Sat. Nov. 4 Destination to be determined by the group. A / 9 a.m. WESTCHESTER PICNIC. Leader: Jeremy Herman (212-543-6472). From 242nd St. & B'way (last stop on #1 train). Sat. Nov. 4 Medium-length and time, but a good workout (some tough hills). Beautiful country views (farms, estates, Hudson B/B+River, N.J. Palisades), fall foliage, 30 challenging miles before lunch at Kingsland Point Park (beautiful, uncrowded 10:00 a.m. on the bank of the Hudson River), and an easy, social ride back to the city. Rain at start cancels. 45 mi. Sat. Nov. 4 DIAL-A-"C"-RIDE. Leader: John Mulcare (718-672-5272). If the weather forecast the evening before is promising (e.g., no precip., wet roads, temp. below 40°, or winds above 10 m.p.h.), call John before 8 p.m. The first caller may help C-/C determine the starting time, meeting place and destination of the ride, giving due consideration to the limited hours of sunlight available. Later callers will be furnished with the details. Lunch might be indoors, so bring a lock if you have RAIN DATE: Sunday, November 5. NOT THE NYC MARATHON. Leaders: Caryl Hudson & Steve Baron (212-595-7010). From the Boathouse. We may Sun. Nov. 5 have stopped running it, but we haven't stopped cheering for our marathoning friends. We'll ride to Scarsdale for a A 8:15 a.m. little carbo-loading, then meet the leaders at the end of the Grand Concourse. Bring lots of enthusiasm, a good set of vocal cords, and some extra Carbo Fuel to give your friends a lift. Wear your NYCC jersey or running club jersey. The 50 + /- mi. usual will cancel the ride, but we'll cheer our friends on anyway at the 103rd St. entrance to Central Park. BRUNCH AT PIERMONT. Leader: Janet Schumacher (718-857-6871). From the Brooklyn side of the Brooklyn Sun. Nov. 5 Bridge at 9 a.m. or the NY side of the G.W. Bridge at 10:15 a.m. Will River Road be open to bikes this fall? If not, B/B+we'll take Irv Weisman's circuitous, but beautiful, route to an indoor lunch (brunch) at The Turning Point in 9:00/10:15 60 mi. Piermont. Helmets required on River Road. HUGGING THE HUDSON (WEST SIDE). Leader: Maggie Clarke (212-567-8272). From the G.W. Bridge (178th St. Sun. Nov. 5 and Ft. Washington Ave.) for an easy-paced ride along the Hudson via River Road (helmets required), Piermont Road, B-/C+ 10:00 a.m. etc. to Nyack (more or less depending on how we feel, weather conditions, etc.) Picnic or diner lunch again depending on 40 -/- mi. weather. Bring your low gears, munchies (few pits stops). 70% chance of rain cancels. We may try to coordinate with Janet's ride listed above. NYACK-DOWN A VALLEY UP A HILL. Leader: Chuck Wong (212-219-1268). From the Boathouse. We will take Sat. Nov. 11 a quick ride to Nyack through beautiful River Road, along 9W to and over the scenic Tweed/Bradley Hill. Breakfast Aat the Skylark. 40% chance of rain at 7 a.m. cancels. 9:00 a.m. 64 mi. WESTCHESTER REVISITED. Leader: Larry Hobson (212-795-1227). From the Boathouse. This is a repeat of my "Up Sat. Nov. 11 B/B+One Side, Down the Other" ride. It features (1) an unusual route out of Manhattan, (2) some of the most beautiful and expensive neighborhoods in Westchester, (3) indoor lunch at the good ol' Flagship, (4) one "wall"-type hill (we'll regroup 9:15 a.m. at the top). This climb was mentioned during "Ride of the Year" nominations last year, and (5) a social "B" return to the 60 +/- mi. Boathouse. LEADERLESS "C" RIDE. Assemble at the Boathouse, then on to whatever location the group desires. Sat. Nov. 11 C / 9:30 a.m. A DIFFERENT ROAD TO KILIMANJARO!. Leaders: Joe Furman (201-692-9635) and Beth Herman (212-689-7778). Sun. Nov. 12 From the Boathouse. In search of the illusive Kilimanjaro. Some roads you'll know and some roads you won't. Some 9:00 a.m. roads you thought you would remember have changed (fresh new pavement - zoom!). Some nice downhills (zoom!) and 65-70 mi. uphills too (ugh!) Tribal gathering at Elmer's Country Store. Beth starts you off from the Boathouse. Expert guide/tracker Joe will meet you in New Jersey. Tour will include a new way to avoid "that last hill before the bridge" on the way back.

Bring safari hats, pumps, patch kit. Temp. below 35° will cancel or change route. Sun. Nov. 12 LEADERLESS "B" RIDE. Meet at the Boathouse. Distance and destination to be determined by the participants. (Call

B / 9:30 a.m. Brian McCaffrey (h., 718-634-1742; w., 212-880-9292) for cue sheets and route suggestions).

TAPPAN HOT POINTS. Leader: Alex von Braun (212-757-7837). From the Boathouse at 9:15 a.m., GWB (179th & Sun. Nov. 12 C+ Ft. Washington Ave.) at approx. 10:00 a.m. Over the river and through the 'burbs to Old Tappan we go, visiting 9:15/10:00 am Baylor's Massacre Historic Site and/or a warm diner, weather determining. Return via scenic River Road. Helmets 40-50 mi. required.

BRTVIRAS DIENA (LATVIA'S INDEPENDENCE DAY). Leader: Maxim Vickers (718-728-7179). From the Sat. Nov. 18 Boathouse. A yearly opportunity to display your latest in red-white-red bike wear enroute to a renowned 9:00 a.m. Long Island bagelry.



Sat. Nov. 18

CONNECTICUT HILLS AGAIN. Leader: Charles Morris (212-477-3281). From the Community Center Hall, Roundhill Road, Greenwich, Connecticut (just off the Merritt Parkway). A somewhat hilly but very scenic ride for moderate to strong "B's". Car-top, plenty of parking space, secure. I never tire of the views. Cross-listed with AMC and Country Cycling Club (Westchester). Heavy rain cancels.

Sat. Nov. 18 DIAL-A-"C"-RIDE. Leader: John Mulcare (718-672-5272). See Saturday Nov. 4 above. RAIN DATE: Sun., Nov. 19. C-/C

Sun. Nov. 19 **EXQUISITE AUTUMN PLEASURES**. Leader: Rich Herbin (212-792-5438). From the Boathouse. Tour the obscure byways of Greenburgh, Tarrytown and White Plains. A sunnier day will mean more hills. It's 40 miles to lunch (indoors), so please eat first. Back by 3 p.m. Temp. below 35°, precipitation or heavy overcast cancels.

Sun. Nov. 19
A Take the 8:07 a.m. train to Stamford, or meet at 9:00 a.m. at the Stamford train station (New Haven side), for a beautiful ride exploring Fairfield County and parts of New York. It should be fun. Please call leader beforehand to confirm. Rain, snow, hurricane or tornadoes cancel.

Sun. Nov. 19 **LEADERLESS "B" RIDE**. Meet at the Boathouse. Distance and destination to be determined by the participants. (Call B / 9:30 a.m. Brian McCaffrey (h., 718-634-1742; w., 212-880-9292) for cue sheets and route suggestions).

Sun. Nov. 19

RAAM 89.11-RIDE ALMOST AROUND MANHATTAN. Leader: Ken Weissman (212-222-5527). From the Boathouse to South Street Seaport for breakfast, then uptown to Baker Field for indoor/picnic lunch (depending on the weather), thence back to the Boathouse. Please bring a lock and wear a helmet. Rain/snow/temp. under 45° at 8:30 a.m. cancels.

Thurs.-Sun.[?] AWAY FOR THE WEEKEND (THANKFULLY). Leader: Paul Minkoff (h., 718-937-6171; w., 212-532-9000). Just Nov. 23-26[?] because they're your relatives doesn't mean you have to endure them for four (4?!) days. Depending on 1) the cycling strength of interested parties, 2) the days said parties are free of familial obligations and 3) the presumed arrival of Indian summer, I will be organizing either a car-top, train-top or bicycle seat-top to Old Lyme, CT. All classes are welcome for the first two options. The third option entails approximately 60 miles/day via Stonybrook, Orient Point and New London at a B+/A pace. \$50 per day per person. Deposit required by November meeting. Metro North pass may be needed. Gourmet grub guaranteed - avoid that leftover turkey! Call leader for full information.

Fri. Nov. 24 LEADERLESS "A" RIDE. If you want to ride, meet at the Boathouse at 10 a.m. for a leaderless ride. Call the "A" rides coordinator if you plan to ride so you can be put in touch with others also planning to ride.

Sat. Nov. 25
A/B/C
60th St. and 2nd Ave. Meet at the Tramway Plaza for a ride to a bicycle paraphernalia sale at the Hicksville Motor Lodge.
9:00 a.m.
60 mi.

BICYCLE CHRISTMAS SHOPPING IN HICKSVILLE. Leader: Marty Wolf (212-935-1460). From the Tramway Plaza, 60th St. and 2nd Ave. Meet at the Tramway Plaza for a ride to a bicycle paraphernalia sale at the Hicksville Motor Lodge.
You'll be able to shop for books, pins, posters, mugs, Christmas cards, etc. - all with a bicycle motif. I'll hand out cue sheets but bring your own Long Island map. "B" and "C" riders - please bring a friend who can keep your pace. If you want to join the ride in Queens, call leader. Any precip. cancels.

Sun. Nov. 26 IN SEARCH OF BREAKFAST. Leader: Christy Guzzetta (212-595-3675). From the Boathouse. Easy going "A" ride in search of a new diner in Rye. Nice route, pretty town - food?? Very cold/winter conditions cancels. 9 a.m. / 67 mi.

Sun. Nov. 26 **LEADERLESS "B" RIDE.** Meet at the Boathouse. Distance and destination to be determined by the participants. (Call B / 9:30 a.m. Brian McCaffrey (h., 718-634-1742; w., 212-880-9292) for cue sheets and route suggestions).

Sun. Nov. 26 LEADERLESS "C" RIDE. Assemble at the Boathouse, then on to whatever location the group desires. C / 9:30 a.m.

Sat. Dec. 2
A/A8:30 a.m.
60-65 mi.

NYACK OR WEST NYACK. Leader: Marty Wolf (212-935-1460). From the Boathouse. Meet for a friendly ride to either West Nyack-Park Ridge (65 miles) or if it's nippy outside, to Nyack over Bradley Hill (60 miles). Any precip. or temp. below 30° cancels.

Sat. Dec. 2 LEADERLESS B' RIDE. Meet at the Boathouse. Distance and destination to be determined by the participants. (Call B / 9:30 a.m. Brian McCaffrey (h., 718-634-1742; w., 212-880-9292) for cue sheets and route suggestions).

Sun. Dec. 3
A9:30 a.m.

Approx. 40 mi.

LOOP TO NYACK ON A LATE FALL DAY. Leader: Carl Faller (h., 212-740-5586; w., 212-602-2926). From the GWB Bus Terminal, 178th St. and Ft. Washington Ave. 501 to Nyack, then 9W on the return with River Road option. Reminder: Protect your hands, ears and feet. Icy conditions and temp. below 32° cancels.

Sun. Dec. 3 LEADERLESS Brance and destination to be determined by the participants. (Call B / 9:30 a.m. Brian McCaffrey (h., 718-634-1742; w., 212-880-9292) for cue sheets and route suggestions).

Previews Dec. 16

CB Jeebies. Leader: Charles Morris (212-477-3281). Class: C & B; Miles 45. For "C" riders who want to preview a "B" ride for next season.

CANDIDATES' STATEMENTS

The ballot appearing in this month's BULLETIN lists the NYCC members running for each club office/Board of Directors position. Some nominees have chosen to write short statements explaining why you should vote for them. These statements follow:

PRESIDENT

You have come to anticipate my behavior as your President. You have grown accustomed to me encouraging participation in Club activities at all levels. You have come to expect that I will lead A rides, B rides, and C rides with people who never led rides before. You have seen me in the middle of places like River Road, spending the day with the many volunteers who helped to reopen it for our use. And on SIG rides, giving my heart and soul so that people have an opportunity to improve their riding skills.

You have come to know that I will be there, involved, caring, giving it my absolute all. And if I am lucky, I will be there again in 1990, a part of the great Board that is the heartbeat of this Club.

Christy Guzzetta

My fellow cyclists:

I am much honored to be nominated to preside over this fine club. I would, of course, feel even more honored were my nomination proposed by someone other than a court jester, but one gets what one gets. I solemnly swear to do what I can, if elected, and not to bear any grudges, if voted down. In either case, I assure you, you will get exactly what you get. Arriba l'anarquia!

Maxim Vickers

V.P. RIDES

My first year on the Board has gone by very quickly. I have had a lot of fun volunteering and am gratified that I am able to give something back to the Club. I would love the opportunity to serve as Vice President of Rides for another year.

Simone Smith

CHARLIE FOR 1990 RIDES COORDINATOR

He's a quick learner, and though not yet of service to our Board, brings considerable experience to the post.

1982-85 Secretary Bike Committee A.M.C. 1985-89 Treasurer of same committee Accomplishments: Wrote complete set of by laws for A.M.C. Tripled available funds for AMC Bikers Led numerous B & C rides ** Ran bike repair seminars Liaised with P.A. on Geo. Wash Bridge.

If elected will work to reinforce existing policies-Against any radical changes. **(Almost 95% returned to base) Charlie Morris

SECRETARY

Having spent this past year rehabilitating a sore knee, I'd like to mark my return to club activities by serving as secretary.

Vote for Art: An A rider and an A+ writer.

Art Allgauer

PUBLIC RELATIONS

Why should I be Public Relations Director? My Show Biz background provides me with good training to battle for cycling issues in the public arena. I have been an actor, a writer, and a standup comedian. My writing training (NYU) specifically qualifies me to communicate in print on issues of concern to the NYCC. My comedic talents could be invaluable in bringing satire and ridicule to bear on the more ludicrous aspects of public policy re: cycling. Politically, I am a liberal on transportation issues. I support the more realistic aspects of TA's Auto-Free New York campaign, like the banning of cars from Central Park at all times, and the implementation of higher tolls for private passenger cars coming into Manhattan. Some of my ideas are: printing more bulletins to use aggressively in bike shops/promotions; better business cards: a new club jersey and helmet cover; discounts with bike shops in return for free advertising in the bulletin; and developing a club bike rally or bike-a-thon in Central and Prospect Park. And, of course, media coverage!

Carlos Cardona

My motivation in pursuing the office of P.R. Director is to both give back and become more actively involved in the life of our cycle club. My thrusts would be to increase our visibility in NIC as both a recreational vehicle and lobbying force for cyclists, and to increase our knowledge and participation in local and national cycling events and rides. On a more personal level, my present job position as a social worker/manager would hopefully assist me in having the needed skills to assess systems and deal with groups in croser to best enhance and promote our cycling interests.

Janet Klutch

B-RIDES COORDINATOR

Leading a B ride is easy! Find a route you like, list it in the bulletin, show up and ride! You don't have to ride first or know how to fix bikes or do CPR. It does help to know the the rest and lunch stops. If elected B Rides Coordinator I will encourage the development of new leaders by having them co-lead with established leaders, help to develop new routes and offer all the assistance I can to the people I hound, badger and bully into leading us at 11 to 14 miles per hour (not incl. stops).

Dick Goldberg

Continued on next page



Continued from previous page EDITOR

I've been a member of the NYCC for the past year and a half and I've come to anticipate each month's issue of The Bulletin with the many choices of rides for the coming weekends.

I believe I can make the Bulletin even better, by expanding its scope to include more information about cycling in and out of New York.

There is already good coverage of racing and mechanics, I would balance it with more information about bicycle touring. Members who have taken bicycle vacations would be invited to share their experiences with the club.

An "Out-of-Bounds" section could list major cycling events, including rides like TOSRV and rallys like GEAR. I'd also like to exchange articles with other cycle clubs.

The Bulletin can be more than just a rides list. 'I would like your support to put out a newsletter that reflects the membership of the NYCC.

Clif Kranish

MEMBERSHIP

The Di-rec/tor, n, of Mem/ber-ship, n. (according to NYCC by-Laws) promotes membership, responds to inquiries, receives applications and dues payments and maintains roster of club members. I would like that job!

These past two years as Secretary have been both gratifying and fun and has afforded me the chance to give something back to the club. I would like to be able to continue giving.

Arlene Ellner

If elected, I will make an effort to help new members participate and feel comfortable in the club by contacting them a few weeks after joining for their questions, problems, and suggestions. I will also set aside a table at meetings for new members, with experienced people spaced around it, so that the first timers don't feel left out during the dinner and program. And I will call people who don't renew their memberships to find out why.

Jeremy Herman

A-RIDES COORDINATOR

Although I've only been a club member for a year, I've come to realize how much fun it is, how much I love the rides, and how much I'd like to be a board member. So, vote for me, Lisa Halle, to be your new A-rides coordinator.

Lisa Halle

My name is Bob Moulder and I'm a candidate for A Rides Coordinator. Although I've beer with the NYCC for a relatively short time, I've had the opportunity to participate in quite a few A rides, ably led by so many of you. I would like to return the favor by serving as your A Rides Coordinator, and would appreciate your vote in the upcoming NYCC elections. Thank you.

Don't worry - if I'm elected A-Rides Coordinator, it does not mean that every A-Ride will be at least 200 miles long. However, I would like to see more of a variety of A-Rides. We have four classes of A-Rides but rarely is there more than one ride each day. This leads to very large groups with lots of stopping and waiting, and is often unsafe. Two rides at different distances and/or classes would eliminate these problems. I will try to have some shorter rides listed during the summer so that people can get home early; not everyone has the time to spend an entire day cycling. I will also try to increase the number of rides going to Putnam. Dutchess and/or Ulster Counties, returning via Metro North. Everyone has enjoyed the extra miles away from NYC without the hassle of returning in traffic.

Jeff Vogel

PRESENT BULLETIN EDITOR DECLINES NOMINATION

I have truly enjoyed being BULLETIN editor. It has been both fun and rewarding. I also owe many thanks to Larry Hobson for generously donating his time and skill to pasting the BULLETIN up.

However, great as it's been, reality intrudes. I was badly injured, with a projected year for recovery, and work is literally piled up on my desk; the BULLETIN is a big demand on my time. I was happy to bearn that Clif Kranish had been nominated as editor; it enables me to withdraw with good conscience. I'm sure he will make a great editor - probably better than I. I also think it's best for the club to have an editor who is actively riding and in contact with everyone: I'm on forced leave right now.

I can't wait to get back to riding soon! Meanwhile, thank you all for
making my job such a pleasure, for
producing articles and artwork on demand and I know the same enthusiasm will continue
with Clif as editor next year.

Thank you!

Janet Kronstadt





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NEW YORK CYCLE CLUB - BALLOT FOR 1990 BOARD MEMBERS - INSTRUCTIONS

- 1. Every member, including both members of a couple, is eligible to vote.
- 2. Tear out or photocopy this ballot. Couples should photocopy the ballot so that each submits an individual ballot. One ballot equals one vote. Two people MAY NOT vote on the same ballot.
- 3. PRINT your name and address on the reverse side. This is for validation purposes and will be removed before the ballot is opened and the votes counted. Sealed ballots will be validated against the roster.
- 4. Indicate your choice one only for each office on the ballot.
- 5. Fold the ballot as indicated, then staple or otherwise meal it.
- 6. Mail the sealed ballot(s) in an envelope to the person designated on the reverse in sufficient time for it(them) to be received before MONDAY, NOVEMBER 6, 1989, or deliver the sealed ballot(s) to that person at the club meeting November 7 by 8 p.m..
- 7. Ballots will be counted at the November club meeting and the results announced at that meeting and published in the December 1989 BULLETIN.

 FOLD DOWN #2 FOLD

PRESIDENT	Christy Guzzetta Maxim Vickers		
V.P. PROGRAMS	Beth Herman		
V.P. RIDES	Simone Smith Charlie Morris		
SECRETARY	Art Allgauer Bob Foss Marilyn Merlob		
TREASURER	Debbie Bell		
PUBLIC RELATIONS	Carlos Cardona Janet Klutch Ken Weissman		
EDITOR	Clif Kranish		
MEMBERSHIP	Arlene Ellner Jeremy Herman Alan Leener		
CIRCULATION	Hannah Holland		
	FOLD UP #1 FOLD		
A-RIDES COORDINATOR	Lisa Halle Bob Moulder Jeff Vogel		
B-RIDES COORDINATOR	Dick Goldberg Joan Meyer Gerhard Meilen Joe Vaccaro		
C-RIDES COORDINATOR Alex Von Braun			

Amendment to the By-Laws Subject: Dues Increase

Article II (Membership); Section 3 (Dues). Annual membership dues shall be \$17.00 per person per year and \$23.00 per couple residing at the same address and receiving only one newsletter, payable to the Membership Director on or after January 1 of each year. Any member who does not renew membership by April 15 shall no longer be considered a member of the Club. Members joining the Club after Labor Day pay one half the annual dues.

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I have truly enjoyed being BULLETIN editor. It has been both fun and rewarding. I also owe many thanks to Larry Hobson for generously donating his time and skill to pasting the BULLETIN up.

However, great as it's been, reality intrudes. I was badly injured, with a projected year for recovery, and work is literally piled up on my desk; the BULLETIN is a big demand on my time. I was happy to learn that Clif Kranish had been nominated as editor; it enables me to withdraw with good conscience. I'm sure he will make a great editor - probably better than I. I also think it's best for the club to have an editor who is actively riding and in contact with everyone: I'm on forced leave right now.

I can't wait to get back to riding - soon! Meanwhile, thank you all for making my job such a pleasure, for producing articles and artwork on demand - and I know the same enthusiasm will continue with Clif as editor next year.

Thank you!

Janet Kronstadt







NEW YORK CYCLE CLUB - BALLOT FOR 1990 BOARD MEMBERS - INSTRUCTIONS

- 1. Every member, including both members of a couple, is eligible to vote.
- 2. Tear out or photocopy this ballot. Couples should photocopy the ballot so that each submits an individual ballot. One ballot equals one vote. Two people MAY NOT vote on the same ballot.
- 3. PRINT your name and address on the reverse side. This is for validation purposes and will be removed before the ballot is opened and the votes counted. Sealed ballots will be validated against the roster.
- 4. Indicate your choice one only for each office on the ballot.
- 5. Fold the ballot as indicated, then staple or otherwise seal it.
- 6. Mail the sealed ballot(s) in an envelope to the person designated on the reverse in sufficient time for it(them) to be received before MONDAY, NOVEMBER 6, 1989, or deliver the sealed ballot(s) to that person at the club meeting November 7 by 8 p.m..

7. Ballots will be counted at the November club meeting and the results announced at that meeting and published in the December 1989 BULLETIN.

FOLD DOWN #2 FOLD

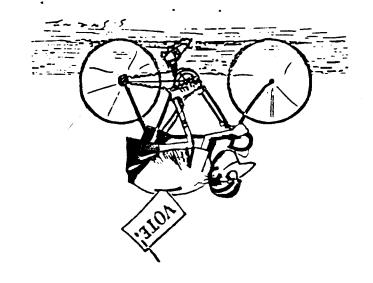
OFFICE NOMINEES PRESIDENT Christy Guzzetta Maxim Vickers V.P. PROGRAMS Beth Herman___ V.P. RIDES Simone Smith Charlie Morris Art Allgauer___ Bob Foss___ Marilyn Meriob___ SECRETARY TREASURER Debbie Bell PUBLIC RELATIONS Carlos Cardona___ Janet Klutch___ Ken Weissman EDITOR Clif Kranish MEMBERSHIP Ariene Ellner___ Jeremy Herman Alan Leener CIRCULATION Hannah Holland FOLD UP #1 FOLD A-RIDES COORDINATOR Lisa Halle___ Bob Moulder___ Jeff Vogel___ **B-RIDES COORDINATOR** Dick Goldberg___ Joan Meyer___ Gerhard Meilen___ Joe Vaccaro C-RIDES COORDINATOR Alex Von Braun

BALLOT PROPOSAL

Amendment to the By-Laws Subject: Dues Increase

Article II (Membership); Section 3 (Dues). Annual membership dues shall be \$17.00 per person per year and \$23.00 per couple residing at the same address and receiving only one newsletter, payable to the Membership Director on or after January 1 of each year. Any member who does not renew membership by April 15 shall no longer be considered a member of the Club. Members joining the Club after Labor Day pay one half the annual dues.

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No	



KEM KOKK CKCFE CFNB BYFFOL

THIS	BALLOT	IS	FROM:	PLEASE PRINT
IYCC	NEMBER			
DDRF	SS			

PLACE IN AN ENVELOPE AND MAIL TO:

MARTY WOLF

360 EAST 50TH STREET #2G NEW YORK, NEW YORK 10022



Continued from previous page

EDITOR

I've been a member of the NYCC for the past year and a half and I've come to anticipate each month's issue of The Bulletin with the many choices of rides for the coming weekends.

I believe I can make the Bulletin even better, by expanding its scope to include more information about cycling in and out of New York.

There is already good coverage of racing and mechanics, I would balance it with more information about bicycle touring. Members who have taken bicycle vacations would be invited to share their experiences with the club

An "Out-of-Bounds" section could list major cycling events, including rides like TOSRV and rallys like GEAR. I'd also like to exchange articles with other cycle clubs.

The Bulletin can be more than just a rides list. I would like your support to put out a newsletter that reflects the membership of the NYCC.

Clif Kranish

MEMBERSHIP

The Di-rec/tor, n, of Mem/ber-ship, n. (according to NYCC by-Laws) promotes membership, responds to inquiries, receives applications and dues payments and maintains roster of club members. I would like that job!

These past two years as Secretary have been both gratifying and fun and has afforded me the chance to give something back to the club. I would like to be able to continue giving.

Arlene Ellner

If elected, I will make an effort to help new members participate and feel comfortable in the club by contacting them a few weeks after joining for their questions, problems, and suggestions. I will also set aside a table at meetings for new members, with experienced people spaced around it, so that the first timers don't feel left out during the dinner and program. And I will call people who don't renew their memberships to find out why.

Jeremy Herman

A-RIDES COORDINATOR

Although I've only been a club member for a year, I've come to realize how much fun it is, how much I love the rides, and how much I'd like to be a board member. So, vote for me, Lisa Halle, to be your new A-rides coordinator.

Lisa Halle

My name is Bob Moulder and I'm a candidate for A Rides Coordinator. Although I've beer with the NYCC for a relatively short time, I've had the opportunity to participate in quite a few A rides, ably led by so many of you. I would like to return the favor by serving as your A Rides Coordinator, and would appreciate your vote in the upcoming NYCC elections. Thank you.

Don't worry - if I'm elected A-Rides Coordinator, it does not mean that every A-Ride will be at least 200 miles long. However, I would like to see more of a variety of A-Rides. We have four classes of A-Rides but rarely is there more than one ride each day. This leads to very large groups with lots of stopping and waiting, and is often unsafe. Two rides at different distances and/or classes would eliminate these problems. I will try to have some shorter rides listed during the summer so that people can get home early; not everyone has the time to spend an entire day cycling. I will also try to increase the number of rides going to Putnam, Dutchess and/or Ulster Counties, returning via Metro North. Everyone has enjoyed the extra miles away from NYC without the hassle of returning in traffic.

Jeff Vogel

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Thank you!

Janet Kronstadt









Continued from previous page

climbs. The first climb will be about five or six hours. The second climb will be in the eight-hour range. The third will be around 12 hours. The actual length of each climb will be determined by snow and ice conditions as well as by the strength of the group. Then we will go into a series of one-day climbs over a long weekend in February; finally, those who remain interested and committed will join us for an overnight trip to the high peaks of the Adirondacks.

While the primary thrust of the program is to have a good time in the company of one another, I will stress safety in all procedures, from wearing proper clothing through proper foot control and stability in the mountains. Those of you interested in joining me for some adventure should give me a call to learn the dates and meeting locations, and to receive planning information: 516/683-5400 (w): 718/476-0888 (h).

MINUTES

NYCC BOARD MEETING, 5 SEPTEMBER, 1989, O'HARA'S

Present: Hannah Holland, Martha Ramos, Brian

McCaffrey, Betk Herman

Absent: Simone Smith, Janet Kronstadt, Arlene

Ellner

July minutes approved.

Debbie circulated the 3rd Quarter financial report. She projected a fiscal year deficit of \$2,500 as a result of no increase in membership levels from 1988, insurance costs and higher costs from larger BULLETINS. Therefore, dues need to be increased which requires a by-laws amendment agreed upon by 2/3 of the voting membership.

A proposal was made to increase dues for individual memberships by \$5.00 (to \$17.00) and couple memberships by \$7.00 (to \$22.00). It was unanimously approved.

Martha annunced TA's East Coast Bicycle Conference, 13-15 October, and proposed sending a letter to the New Jersey Transit requesting that bicycles be allowed on their public transportation vehicles.

Richard reviewed upcoming programs. Possible new formats for the Christmas party were discussed.

Holly thanked Ken for the use of his office computers to prepare the membership roster. She suggested splitting the Membership board position between two people.

Meeting adjourned 1:08 a.m..
Respectfully submitted,

Afric Illner

CLASSIFIEDS

FOR SALE - NEW!

Sugino Bobbom Bracket Tool Set, \$16.50. Sugino Crank Extractor, \$6.95. Vetta Gel Men's Saddle, \$23.95.

> - Dick Goldberg 212/874-2008

FOR SALE

Minoura Mag. turbo /2 \$88.00. Thule model #1050 car rack, \$49.00. Locking knobs for rails, \$19.00 each. Bike mounts for above, \$19.00 each. R.E.I. exclusive tange #1 tubing with full shimano 600EXSIS components, \$275.00.

- Mendel
718/972-1049

FOR SALE

54cm Olmo SLX with full Dura Ace 6-speed groupo. In very good condition. \$800.

- Eli 212/222-**1**601

FOR SALE: Trek Antelope 800 ATB. 22" frame. SIS system. Excellent condition. - Joe 718/946-8476 7-9pm only

FOR SALE: Vitus Carbone 9, 56cm. Includes: Momentum! Also includes Shimano 600 headset and C-Record BB. Frameset- \$700. Complete bike (mostly Campy)- \$1500. Complete bike w/o wheels- \$1400. Negotiable.

- Joe Furman 201/692-9635

FOR SALE: Pinarello Treviso, 56cm, almost new. Racy Italian blue Columbus SL frame. 75% Campy equipped. \$800. w/o wheels- \$700.

- Joe Furman 201/692-9635





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NO-TECH TIPS

Bob Moulder

If you'd like to read an excellent series of articles containing much objective information about clincher bicycle tire construction, and scientific performance evaluation of clinchers, consult the June '89 issue of BICYCLING magazine, which also contains a survey of 631 readers who "rated the rubber." If you'll bear with me for about three minutes of reading time, I'll tell you about my non-scientific, highly subjective (at this moment) test for quickly judging tire performance.

The performance of clinchers is so good these days that droves of tubular tire riders have chucked their sew-ups for these Kevlar wonders, including some professional racers (for a substantial endorsement fee, probably, but they are staking their race results on them). You've probably tried several brands yourself and have formed your own opinions based on objective and non-objective factors. The objective parameters are fairly easy to measure: 1) tread life (Gee, it lasted 8,764 miles!); 2) puncture resistence (Hmm, nine flats the first week); and 3) ease of mounting (it either was or wasn't a bitch to put on). The non-objective performance factor is harder to define.

At great risk of insulting the knowledgeable editors of BICYCLING by vastly oversimplifying the results of their meticulous research, let me say that their conclusion seems to be that the tires with the lowest rolling resistance/smoothest ride/best cornering adhesion (simply put, "best performance"), are those with thin, light casings that flex easily, combined with a thin, light tube and proper inflation. Having ridden several brands/models of tires over the past couple of years (12 at last count), and having pondered from time to time why I liked one and hated another, it finally occurred to me that the ones I came to favor were, by golly, those with thin casings. And I finally figured out a simple test to determine in the first mile whether I'll like a tire or not. It works for me. See if it works for you.

It's called the "Rock-n-Roll Squish Test," and it goes like this: find a nice little hill (for example, 110th Street hill, with police escort), and with the tire in question mounted on your front wheel, climb the hill standing up in a moderate gear, say 39x15 or 42x17, slightly exaggerating the natural side-to-side rocking motion. Now, as you climb, watch the front tire where it contacts the road. As you put your full weight into the pedal stroke, does the tire flatten out a bit, not at all, or a lot? As I said above, this test is highly subjective because it depends on the tire tested, rider/bicycle

weight, inflation pressure, and tire/rim width, but it has been my experience that those tires which flex the most seem to have the best performance" and, surprisingly, seem to get fewer snakebite-type pinch flats.

To develop a feel for this subjective performance evaluation, you'll need to have had experience with several brands of tires with different kinds of construction, but I think you, too, will notice that the casing flexibility of a tire is perhaps the most critical performance factor. Unfortunately, thin casings are vulnerable to punctures and sidewall cuts, a serious problem in these parts, and so the best performance tire is probably not the best all-around tire. There are, however, some tires on the market now which combine relatively thin casings with Kevlar belts under the tread for puncture resistence, which also fare nicely in the "squish" test, such as the Specialized Turbo S/K4, among others. I was surprised to find that the tire which performs best for me, and does well in my squish test, is the Performance Nova EX/K, which goes to show that the most expensive may not necessarily be the best. One warning about the Nova Ex/Ks, though: These are extremely difficult to mount.

I'd like to hear your opinion about this squish test. Please contact me at club meetings and let me know if it does or does not work for you



I want to thank you all, albeit belatedly, for the wonderful and touching farewell that you gave me. NYCC helped me through the hardest period of my life, and I will be forever grateful for your love and support. The hardest part for me about leaving New York was leaving the club and all of you who have become family to me.

Life in La-La Land has been very hectic so far. I have done some riding with a local club, the Foothills Cycle Club, and plan to investigate some other clubs. The biking out here is great, and there are a lot of cyclists. But I miss the NYCC. Thank you for everything you have given me, and please give me a call when you are in L.A.

All the best, Roberta Poliock





Safety tip of the month: DRESS FOR WARMTH

Wear materials that breathe, wick sweat away from the body and hold warmth. Avoid cotton. Polypro wicks well and is a good first layer, wool or acrylic provide all three qualities. Other synthetic materials can be used for a good second layer. Use additional layers for warmth and to cut the wind.

Getting chilled will affect your judgment and ability to keep up; besides making for a miserable ride.

MONTHLY CLUB MEETING

(Open to all members and non-members.)

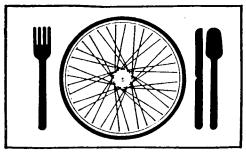
NEW YORK CYCLE CLUB Tuesday, November 14

6:00P Drinks

7:00 Dinner

8:00 Announcements

8:30 Program



O'HARA'S/120 Cedar St. (1 minute walk south of the World Trade Center.)

Meat, fish, chicken...\$11.00 Vegetarian..... \$ 8.50

\$2 surcharge for food tickets not purchased by 7:00. Nondiners are seated separately.

AMERICA'S GREATEST PHOTOGRAPHER OF CYCLING: MICHAEL FURMAN

Mike in a self-described Cat. XII racer, well on his way to 11 (not II, but 11). He shoots in his Philadelphia studio for a lot of heavyweight corporations and ad agencies. But his passion is cycles. We'll hear him talk about photogaphing bikes and see his work for Tom Kellogg/Spectrum Cycles and Winning and Bicycle

He is the official race photographer for the CoreStates U.S. Pro Championships and has shot the Coors, Worlds, and Olympic races. And let's hope he brings one or more of the <u>fifteen</u> magnificent bikes he owns ... including the "Miami Vice" tandem featured on the cover of Bike Guide.

Our private dining room is one flight up from the bar. If you bring your bike you can bring it indoors and leave it on the fourth floor, in which case use the elevator to the right of the main entrance And remember: locks are never out of fashion.

PRESIDENT'S MESSAGE

Christy Guzzetta

Who is going to be our next B-Rides Coordinator? And our new Membership Director? Who will serve as our Secretary in the coming year? Gosh - what is our new Board of Directors going to look like as we head into this brand new decade?

I wonder - who are they going to be? Only YOU can determine this - and only by voting. Many people have stepped forward this year with energy, enthusiasm and ideas. We have contested elections for many of the positions. Let's take advantage of these contests, let's show our support, our thanks. LET'S VOTE!

Make a choice, pick a candidate, talk with your friends, convince them to vote.

Let's make the ballot-counter's job tough this year. Let's all vote.

CYCLE OREGON II

Janet Klutch

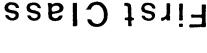
Five NYCC members (Janet Klutch, Alisa Rashish, Alan Resnick, Barry Shapiro and Simone Smith) successfully completed the 460-mile/7-day "Tour de Oregon" from Portland to Ashland, with 1,900 other cyclists. Terrain included mountain passes and climbs through the Cascades, countless timber forests, desert, volcanic lava fields and Indian reservation land. Food was provided by local towns and districts; occasionally it ran out due to the voracious appetites of hungry riders. It was not uncommon for locals to provide emergency pasta rations from their own cupboards until the last remaining

pasta on store shelves could be brought in. People from 29 states were transformed into one endless human train of cyclists. Support and repair vans were provided by a local bike store chain, water barrels were carried by the National Guard, and two double-trailer trucks carried 1,900 pieces of luggage. Accomodations were motels/ condos, with two mandatory nights of camping in cow pastures, the result a sort of cyclists' Woodstock. Local talents provided nightly music and dance for aching bodies (not entirely soothed at the massage tables...) A ride worth remembering!

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176-177 ARLENE BRIMER AVE 110-30 MYRTLE AVE RICHMOND HILL, NY 11418







The New York Cycle Club Hannah Holland 21 W. 106 St.8C N.Y., N.Y.10025

New York Cycle Club Membership Application New York Cycle Club

I know that bicycling is a potentially hazardous activity. I represent that I am over eighteen years of age and that my physical condition and the condition of my equipment is to the best of my knowledge adequate to allow me to participate in NYCC activities. I assume all risks associated with such activities, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release the NYCC, its Board of Directors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in NYCC activities.

NAME		SIGNATI	SIGNATURE	
STREET		APT	PHONE (H)	
CITY	STATE	_ZIP	_PHONE (W)	
DATE	AMT. CHECK	NEW	_RENEW	
CIRCLE IF APPLICABLE: I DO N PUBLISHED SEMI-ANNUALLY II		ESS) (PHON	IE NUMBER) LISTED IN THE ROSTER	
WHERE DID YOU HEAR OF	NYCC?	 ,		
OTHER CYCLING MEMBERSH	IPS (CIRCLE): AMC	AYH LAW	TA CRCA CCC OTHER:	

1989 dues are \$12 per individual, \$15 per couple residing at the same address and receiving one bulletin. Mail this application with a check made payable to the New York Cycle Club to: New York Cycle Club, P.O. Box 020877, Brooklyn, New York 11202-0019. Telephone: 212/242-3900